## Information about your Removable Partial or Denture

Your first few weeks: New dentures always feel strange when first places in your mouth. Several days or even a few weeks will be required for you to adjust to them.

**Sore Spots:** You may have a few sore spots in your mouth after wearing them for the first 24 hours. Don't worry, they can be relieved during your next appointment. Give our office a call and we can make sure you are comfortable.

**Chewing:** Chewing will not be comfortable for a while. We will make adjustments to your partial or denture as needed until they have settled into place.

**Cleaning:** Use a denture brush and mild toothpaste or handsoap to clean your partial or denture. It is very important to clean your partial or denture EVERY day to reduce the chance of new dental issues.

In the future: when your teeth are missing, your jaw bones and gums shrink up to 1/32 of an inch per year. This shrinkage is one of the main disadvantages of artificial dentures. Because of this shrinkage, you should have your dentures and oral tissue evaluated or relined at least every 6 months.

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