

Immediate Denture Instructions

You have just received your immediate denture. The following information will assist you in understanding the sequence of events during your healing period. Immediate dentures are a major change to your body.



- Teeth have been removed. Stitches have been placed to help your mouth heal. These stitches will dissolve by themselves, unless we tell you differently.
- Dentures have been placed to replace your missing teeth and gum tissue. Your dentures may feel large and bulky until your gums have healed. Once your gums have healed completely, your dentures will need adjusting. Your new dentures may cause your speech to be altered for a few days.
- Do not take the dentures out of your mouth today. Your immediate dentures serve as a bandage similar to a cast on a broken arm during initial healing. After the initial denture removal and adjustment, you may remove the dentures as needed for cleaning.
- Discomfort is normal when teeth are removed and immediate dentures are placed. Take your prescribed antibiotics, as directed, until gone. Use pain medication only if needed.
- Your dentures will be relined at a later date with a soft material that makes them easier to wear and speeds healing. Be careful not to remove this material when cleaning.
- Healing from tooth extractions continues for up to 18 months. Shrinkage of your gums and bone is obvious in the beginning, but slows thereafter. You may elect to have a second relining of the denture though a relining 6 months after placement will incur additional cost.

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