

Care Instructions For Mouth Guard

After every use, brush with toothpaste to clean out the inside of your mouth guard. Rinse with room temperature water and dry thoroughly. Store in container at room temperature.

DO NOT leave in car or direct sunlight! Extreme temperatures will change the shape and fit of your mouth guard. If the fit of your mouth guard changes, you must make an appointment to have it refitted.

Keep out of reach of animals!

It is advised that you wear your guard every night, even if you have relief. Clenching and bruxing (grinding) are cyclical, so please continue wearing your mouth guard as recommended.



OmniDental
5200 Mackay Road
Jamestown, NC 27282
P. 336.856.9001
www.omnidentalnc.com

